### **Delaware**

# AIDS Rate per 100,000

13.6\*

# **State Funds for HIV Early Intervention Services**

State Expenditures					
Required Base SFY 2008 Expenditures Maintenance					
\$86,903	\$221,196				
SAPT EXPENDITURES					
FY 2006 HIV Set-Aside	FY 2009 Planned				
\$329,517	\$333,486				

# **FY 2010 SAPT Reports**

Allocates the set-aside amount to DPH to provide HIV early intervention services. Services provided include: outreach, individual level intervention, group level intervention, HIV testing, preventive case management, and transitional case management. The State budgeted \$33,517 to purchase rapid test kits. The State plans to continue to expand rapid testing capacity in substance abuse treatment system.

HIV Early Intervention Services Provided							
Rapid Testing	Funding Rapid Testing	Regular HIV Testing	Pre-Test and Post-Test Counseling	Referral Services	Risk Assessment	HIV/AIDS Education	Outreach
√			√				<b>√</b>

## **State Narrative Summary**

The Division of Substance Abuse and Mental Health (DSAMH), under a memorandum of understanding with the Delaware Department of Public Health (DPH), allocates its annual set-aside to provide HIV early-intervention services. DPH defines those services as those which target intravenous drug users and/or substance abusers. In addition, DSAMH providers conduct outreach activities at partnering substance abuse locations, providing information related to pre- and post-test issues. In FFY 2008, DPH used set-aside funds to continue support for four initiatives throughout the State, and also used funds to purchase rapid-HIV test kits. DSAMH intends to continue to use HIV set-aside funds in this way, emphasizing making early intervention services more widely available in existing programs.

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<sup>\*</sup>THE MOST RECENT DATA PUBLISHED PRIOR TO OCTOBER 1, 2008 BY THE CDC IS TABLE 14, REPORTED AIDS CASES AND ANNUAL RATES (PER 100,000 POPULATION), BY AREA OF RESIDENCE AND AGE CATEGORY, CUMULATIVE THROUGH 2005-UNITED STATES, HIV/AIDS SURVEILLANCE REPORT 2005 VOL. 17, U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, CENTERS FOR DISEASE CONTROL AND PREVENTION, NATIONAL CENTER FOR HIV, STD, AND TB PREVENTION, DIVISION OF HIV/AIDS, PREVENTION, SURVEILLANCE, AND EPIDEMIOLOGY. SINGLE COPIES OF THE REPORT ARE AVAILABLE THROUGH THE CDC NATIONAL PREVENTION INFORMATION NETWORK, 800-458-5231 OR 301-562-1098 OR HTTP://WWW.CDC.GOV/HIV/TOPICS/SURVEILLANCE/RESOURCES/REPORTS/2006REPORT/TABLE14.HTM.

#### **Full State Narrative**

#### FY 2006 (COMPLIANCE)

The DSAMH is the single state administrative entity for the Substance Abuse Prevention and Treatment (SAPT) grant for Delaware. The SAPT authorizing language includes a 5% set-aside requirement for states whose case rates for acquired immune deficiency syndrome meet or exceed 10 cases per 100,000 individuals. Delaware has qualified as an HIV set-aside state since 1991. To comply with this requirement, DSAMH, under a memorandum of understanding with the Delaware Department of Public Health (DPH), allocates the annual 5% set-aside amount to DPH to provide early intervention services for HIV. DPH defines outreach activities as targeting those at highest risk in the community to be either an intravenous drug user (IVDU) and/or a substance abuser. Also, there are outreach activities conducted by our providers at partnering substance abuse locations when they visit treatment sites to provide related pre and post HIV testing activities.

In FFY 2006, DPH utilized HIV set-aside funds to continue support four initiatives. Brandywine Counseling provided services in New Castle County, Gateway provided services statewide and Kent Sussex Counseling Services and Sussex County AIDS Council provided services to Kent and Sussex Counties respectively. The table below summarizes the final progress for each program:

Contractor CY2004	Award Amount	Outreach		IDI/IDG (Enrolled)		Testing	
CY 2006		G	A	G	A	G	A
Brandywine Counseling, INC. (BCI)	\$80,000	2,500	3,775	N/A	N/A	600	674
Gateway Foundation	\$100,000	N/A	N/A	100	191	240	190
Kent Sussex Counseling Services	\$60,000	1,200	1,230	N/A	N/A	300	198
Sussex County AIDS Council	\$50,000	1,500	3,632	N/A	N/A	200	313
Rapid Test Kits	\$33,517	N/A	N/A	N/A	N/A	N/A	N/A
Total	\$323,517	5,200	8,637	100	191	1,340	1,375

Note:  $CY = Calendar\ Year$ ;  $ILI = Interventions\ Delivered\ to\ Individuals$ ;  $IDG = Interventions\ Delivered\ to\ Groups$ ;  $G = Contractual\ Goal$ ;  $A = Actual\ Output$ 

DSAMH continued to follow a Memorandum of Agreement regarding HIV Early Intervention Services for drug abusers that was drafted and signed in FFY 2001. The Division of Substance Abuse and Mental Health meets regularly with Public Health Contract Managers to ensure services are provided to substance abusing

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populations throughout the state. These populations and geographic areas are identified through an intensive needs assessment process completed by a community-planning group. Contracts are awarded on an annual basis and staff from the Division of Public Health and the Division of Substance Abuse and Mental Health monitor program process through monthly contract manager meetings and semi-annual site visits.

#### FY 2008 (PROGRESS)

In FFY 2008, DPH utilized HIV set-aside funds to continue support for initiatives: Gateway Foundation provided services to New Castle County. The Sussex County Aids Council and Kent Sussex Counseling provided services to rural areas of the State in Kent and Sussex Counties. Funds were also budgeted to purchase RHTI kits. DPH continued a similar definition of outreach as in previous years as activities targeting those at highest risk in the community to be either an intravenous drug user (IVDU) and/or a substance abuser. Also, there are outreach activities conducted by our providers at partnering substance abuse locations when they visit treatment sites to provide related pre and post HIV testing activities. The table below summarizes the current (not final) progress for each program:

Contractor CY2004	Award Amount	Outreach		IDI/ILIGLI (Enrolled)		Testing	
CY 2008		G	A	G	A	G	A
Kent and Sussex County Counseling Services	\$65,000	1,200	500	N/A	N/A	300	138
Sussex County AIDS Council	\$70,000	1,200	1,182	N/A	N/A	300	249
Gateway	\$80,000	N/A	N/A	180	83	120	55
Purchase of RHTI Kits	\$98,000	N/A	N/A	N/A	N/A	N/A	N/A
Total	\$310,000	2,400	1,732	180	83	720	442

Note:  $CY = Calendar\ Year$ ;  $IDI = Interventions\ Delivered\ to\ Individuals$ ;  $IDG = Interventions\ Delivered\ to\ Groups$ ;  $G = Contractual\ Goal$ ;  $A = Actual\ Output$ . The aware amount column indicates projected budget figures, not actual final awards.

During FFY 2008 DHSS/DSAMH and its treatment providers continued to follow established procedures for providing TB and HIV services to clients as stipulated in Section 1924. The procedure to access HIV is to refer individuals to Division of Public Health Clinics for preand post-test counseling and testing services if not available at the SA treatment program. BCI and Gateway, SA treatment programs offer rapid testing to all these clients because of the increased risk for becoming infected with HIV. Gateway also provides behavioral intervention counseling for clients at high risk for becoming infected with HIV. DPH continues to work with DSAMH substance abuse treatment sites to provide them with access to rapid HIV testing in one of three methods:

- 1. The most preferable option is for treatment provider to offer rapid testing in-house.
- 2. If not, then DPH community-based organization would provide rapid testing at the treatment provider's site.

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3. If neither of these options is realistic, the provider would refer the client to a rapid testing site.

### RHTI (Rapid HIV Testing Initiative)

In FFY 2005, SAMHSA commenced implementation of a Rapid HIV Testing Initiative (RHTI). According to the SAMHSA Rapid HIV Testing Initiative (RHTI) Fact Sheet, "...In view of the disproportionate HIV/AIDS incidence and prevalence rates across minority communities, the RHTI is designed to reduce HIV incidence rates among minority populations who may be at an even greater risk for acquiring or transmitting HIV associated with substance abuse and/or a mental health disorder..." . The State of Delaware has received RHTI Testing Kits as part of this initiative.

DPH has been working towards ensuring that DSAMH substance abuse treatment sites can provide access to Rapid Testing. DPH recently changed its testing technology from OraQuick to UniGold. We also changed the confirmatory testing from Orasure to blood draw. All new testing protocols were developed and disseminated. Training and follow-up was provided to all agencies and counselors.

RHTI Sites: As of this reporting period, the following substance abuse treatment providers have Rapid Testing at their site:

- Brandywine Counseling, Inc. (Also possesses Mobile RHT capability)
- Gateway
- Kent Sussex Counseling
- Thresholds (Onsite testing being conducted by Sussex County Aids Council)
- Latin American Community Center (LACC)
- Connections has two sites providing rapid testing- Newark and Smyrna.
- Fellowship Health Resources (Onsite testing being conducted by Sussex County Aids Council)
- Gaudenzia House was just recently approved as a rapid testing site. This site has chosen to have BCI provide on-site testing.
- Ellendale Detox (Onsite Testing being conducted by Sussex County Aids Council)

### **RHTI Outcomes in Delaware to Date:**

As of this reporting period these sites have conducted Rapid HIV tests: (Site Name 2007 2008 Jan to June)

- Gateway 144 61
- KSCS 178 148
- LACC 326 110
- SCAC 388 148
- Connections 24

Total 1,060 467

In FFY 2008, DSAMH and DPH continued to work under a Memorandum of Agreement regarding HIV Early Intervention Services for drug abusers. Under the agreement SAPT Block Grant funds are contracted to community programs administered by the Division of Public Health. The Division of Substance Abuse and Mental Health meets regularly with Public Health Contract Managers to ensure services are provided to substance abusing populations throughout the state. These populations and geographic areas are identified through an intensive needs assessment process completed by a community planning group.

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**Goal 6.1:** Provide treatment for persons with substance abuse problems with an emphasis on making available within existing programs early intervention services for HIV in areas of the State that have the greatest need for such services and to monitor such service delivery.

Objective 6.1.1. Provide early intervention services related to HIV disease in areas of most need.

- Target Population: Persons receiving substance abuse treatment.
- Activities: (1) Continue to support HIV early intervention services with Block Grant funding, in part. (2) Monitor the provision of early intervention services with the Division of Public Health. (3) Maintain compliance with current definition of Early Intervention Services to include activities targeting those at highest risk in the community to be either an intravenous drug user (IVDU) and/or a substance abuser. Also, there are outreach activities conducted by our providers at partnering substance abuse locations when they visit treatment sites to provide related pre and post HIV testing activities
- Implementation status: Ongoing
- Geographic location: Statewide
- How Activities Will Be Implemented: Delaware Health and Social Services/Division of Substance Abuse and Mental Health through an integrated planning process and joint contracts with the Division of Public Health and community programs.

**Objective 6.1.2.** Continue to expand Rapid Testing Capacity in the substance abuse treatment system.

- Target Population: Persons receiving substance abuse treatment.
- Activities: (1) DPH will use the \$98,000 of FFY 2009 HIV Set aside funds to purchase RHTI kits assuming a flat award from FFY 2008. (2) DPH and DSAMH will monitor the progress and outcomes related to the RHTI initiative. (3) DPH/DSAMH will continue training and technical assistance provision to sites interested in building capacity for RHTI.
- Implementation status: Ongoing
- Geographic location: Statewide
- How Activities Will Be Implemented: Delaware Health and Social Services/Division of Substance Abuse and Mental Health through an integrated planning process and joint contracts with the Division of Public Health and community programs.

#### **HIV Early Intervention Services**

The DSAMH is the single state administrative entity for the Substance Abuse Prevention and Treatment (SAPT) grant for Delaware. The SAPT authorizing language includes a 5% set-aside requirement for states whose case rates for acquired immune deficiency syndrome meet or exceed 10 cases per 100,000 individuals. Delaware has qualified as an HIV set-aside state since 1991. To comply with this requirement, DSAMH, under a memorandum of understanding with the Delaware Department of Public Health (DPH), allocates the annual 5% set-aside amount to DPH to provide early intervention services for HIV.

In FFY 2006, DPH utilized HIV set-aside funds to continue support four initiatives:

- Brandywine Counseling provided services in New Castle County
- Gateway provided services statewide
- Kent Sussex Counseling Services

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- Sussex County AIDS Council provided services to Kent and Sussex Counties respectively
- Rapid Testing Kits were purchased and distributed

For more details on the progress of these projects, please refer to Goal # 6, "HIV Services". The early intervention project included outreach activities and referral to clinics of the Division of Public Health for the pre-test counseling, testing, post-test counseling, and appropriate therapeutic measures. The project has linkages with a wide variety of health and social services. The program is funded, in part, through the DHSS Division of Public Health.

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